

Year Plan

One meaningful goal per life area for the year. Check that each one ladders up to your Summit Goal.

This year's Summit Goal

This year in one word

Life area	This year's goal	First step
Health		
Relationships		
Career and work		
Growth and learning		
Finances		
Well-being		

The single goal that matters most this year

What I will not take on this year, so the list above stays possible