Year Plan

One meaningful goal per life area for the year. Check that each one ladders up to your Summit Goal.

This year's Summit Goal

This year in one word _____

Life area	This year's goal	First step
Health		
Relationships		
Career and work		
Growth and learning		
Finances		
Well-being		

The single goal that matters most this year

What I will not take on this year, so the list above stays possible